



# Adams County Aging Network

*Lighting the Way to Positive Aging in Adams County*

## ACAN Newsletter Oct. 2024



Visit our new website: [acanadamscounty.org](http://acanadamscounty.org)

### ACAN Board of Directors

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Debbie Watson

ACAN: 303-818-7232

[acancoordinator@gmail.com](mailto:acancoordinator@gmail.com)

### **ACAN Membership Meeting** **Wednesday, October 2, 2024 @ 9:00 a.m.** **Thornton Community Connections Center** **9471 Dorothy Blvd., Thornton, CO**

Presentation by Sara Bohar  
MTM Transit

Want to get out and enjoy the cooler weather and lovely scenery this fall? Are you considering giving up driving, but not sure how you'll get around? Come speak with professional, experienced Travel Trainers who can show you how to navigate around town on public transportation! From planning a trip, to paying your fare, and staying safe, RTD's Travel Training program with MTM Transit will help you with the confidence and experience to ride The Ride!



Mary Beth is starting the Fall out right with this beautiful door prize awarded during our September meeting.

**REGISTER... MARK YOUR CALENDARS ...JOIN US  
FOR THE ACAN FALL RESOURCE FAIR  
OCTOBER 30, 2024 ... 9 AM TO NOON**

**Adams County Aging Network  
Thornton Community Connections Center**

**September 4, 2024**

Attendance: 28

Diana Morefield, ACAN Chair called the meeting to order at 9:02 a.m.



Attendees introduced themselves and general announcements were made around the room.

**Presentation by Adam Afromsky from Anova Care**

Formally known as Amber Care offers in-home personal care, home health services and soon-to-launch hospice and palliative care serving areas from Longmont to Colorado Springs. Anova partners with rehab centers, hospitals, and senior living communities to ensure smooth care transitions and provide specialized services like physical, occupational, and speech therapy. With streamlined intake procedures, a 4.5 Medicare Star rating and advanced technology for data management, Anova Care is setting a new standard in Colorado's in-home care industry.

Their personalized approach addresses both Activities of Daily Living and Instrumental Activities of Daily Living through their in-home personal care program.

Home Care with non-skilled personal care and home making services are offered as part of the program. Some other examples of home care are help with laundry, fall prevention, grocery shopping, and medication reminders.

Home Health includes medical care delivered in the patient's home, often following a hospital or outpatient procedure. The goal is to keep you safe and out of the hospital.

This might include having a registered nurse visit, physical, occupational and speech therapy. Home modifications for safety reasons, wound care and medication administration.

Anova care has private pay and flex programs, and they contract with different communities. Medicaid, Medicare, Kaiser, United, Optum and Humana Insurances are accepted also.

Contact information: [info@anovacare.com](mailto:info@anovacare.com)/ 1-888-929-2050

## ACAN Membership

If you are a participant in our monthly meetings or a current member you should have received our current Membership Form. ACAN Membership is an annual membership.

For further information email: [acancoordinator@gmail.com](mailto:acancoordinator@gmail.com).

### **Future ACAN Events 2023.**

***All Meeting are held at 9:00 a.m. at the  
Thornton Community Connections Center,  
9471 Dorothy Blvd., Thornton***

***Presentations are noted below.***

October 2--Sara Bohar--MTM Transit

October 30 – 9 am to Noon – ACAN Fall  
Resource Fair

November 6-Thornton Fire Dept.

December 3 – Have an idea for our Holiday  
Meeting. Please call us or email them so we  
can get some additional ideas.



**Visit our new website:  
[acanadamscounty.org](http://acanadamscounty.org)**

### **ACAN**

PO Box.350523  
Westminster, CO 80031  
Phone: 303-818-7232

Adams County Aging Network is on  
Facebook. Check us out for upcoming events,  
conference information, and to keep in touch.

**New: If you are a member and have an  
upcoming event, notify Greg Kahler and he  
will post it on the ACAN Calendar.**

## **ACAN Annual Membership**

### **Individual membership:**

Monthly educational presentations, exposure to  
resources for seniors, monthly newsletter, and  
advanced notice of the ACAN Senior Conference.

### **Business membership:**

Includes all of the above plus opportunity for  
**advertising in the monthly newsletter**, discount  
on ACAN Senior Conference exhibitor fee of 10%,  
list of members on the website, and contact  
information for all business members. Please  
contact the ACAN coordinator for more  
information on the advertising opportunity.

### **Annual dues are:**

Individual over 60	FREE
Individual membership, under 60	\$20
Nonprofit agency	\$35
For profit business	\$65

We request that members pay dues, but do not  
restrict our meetings or mailings to dues-paying  
members. Advertising is restricted to dues-paying  
members. Make checks payable to ACAN and  
mail to the newsletter return address or email  
[acancoordinator@gmail.com](mailto:acancoordinator@gmail.com).