

Adams County Aging Network

Lighting the Way to Positive Aging in Adams County

ACAN Newsletter

November 2024



ACAN Board of

Directors

Diana Morefield Chair

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Greg Kahler *Treasurer*

Bonnie Ashton Secretary

Richard Libhart Cathy Millet Dawn Perez Debbie Pownall Tillie Villarreal Debbie Watson

ACAN: 303-818-7232 acancoordinator@gmail.com



ACAN Membership Meeting Wednesday, November 6. 2024 @ 9:00 a.m. <u>ACAN November Meeting location change:</u>



Thornton Arts and Cultural Center 9209 Dorothy Blvd. (just down the street) from Community Connections

Presentation by Sabrina Iacovetta Thornton Fire Department

File of Life is a simple program that could quickly improve quality of care during emergencies. The File of Life program encourages citizens to keep track of vital medical information on the form and place it where it is easily accessible to first responders in a medical emergency – on the **refrigerator door**. This enables paramedics to obtain a quick medical history when the patient is unable to offer one. The card eliminates the risk of the patient who, in a confused or incapacitated state, may forget to mention something important.

REMINDER ACAN Resource Fair

The ACAN Resource Fair is Wednesday, October 30th from 9 am to Noon at:

BISON RIDGE RECREATION CENTER 14905 E. 112th Avenue, Commerce City, CO 80222

Adams County Aging Network Thornton Community Connections Center October 2, 2024

Attendance: 32

Diana Morefield, ACAN Chair called the meeting to order at 9:02 a.m.

Attendees introduced themselves and general announcements

Were made around the room.



Presentation by Sara Bohar from MTM Transit

Sara talked about the advantages of an RTD Fixed Route, gave us vehicle information, and talked about accommodations for passengers with disabilities. Trip planning and informational devices as well as special programs were pointed out.

- All RTD vehicles are accessible and there are trip planning options by calling Customer Care at 303-299-6000.
- Will Espinal informed the group about <u>Travel Training</u> that provides instruction for Access-a-Ride customers who need assistance with learning how to use bus and rail service. Two types are offered: **Trip Training** which is one on one individual, self-paced instruction specifically designed to your needs and schedule. **Transit Orientation** provides a general introduction to bus and light rail accessibility. This training is useful for customers who have used transit or RTD in the past but now utilize a new mobility aid that they have not used previously.

Information: Call 720-844-7096/email: <u>DenverTravelTraining@mtm-inc.net</u>.

Special Programs provided: <u>Service alerts</u> by email or text (Use RTD's home page.) <u>Night Stops</u>: Between 7 p.m. and 5 a.m. -request a special stop closer to your destination. <u>Free wheelchair tie-down straps/tethers-</u> Call 303-299-4056. <u>Snow</u> <u>Removal</u>: Call Customer care at 303-299-6000.

Our Meeting door prize winner this week was Amanda with a \$25 gift card.

Meeting adjourned at 10:06 a.m.



ACAN Membership

If you are a participant in our monthly meetings or a current member you should have received our current Membership Form. ACAN Membership is an annual membership.

For further information email: <u>acancoordinator@gmail.com</u>.

Future ACAN Events 2023.

All Meeting are held at 9:00 a.m. at the Thornton Community Connections Center, 9471 Dorothy Blvd., Thornton Presentations are noted below.

Nov. 6th - Sabrina Iacovetta, Thornton Fire Department (NOTE LOCATION CHANGE ON PAGE ONE) Board meeting to follow.

Dec. 4th – Networking Holiday Meeting

Jan 8th - DRCOG Area Agency on Aging



Visit our new website: www.acanonline.org

ACAN

PO Box.350523 Westminster, CO 80031 Phone: 303-818-7232



Adams County Aging Network is on Facebook. Check us out for upcoming events, conference information, and to keep in touch.

ACAN Annual Membership

Individual membership:

Monthly educational presentations, exposure to resources for seniors, monthly newsletter, and advanced notice of the ACAN Senior Conference.

Business membership:

Includes all of the above plus opportunity for advertising in the monthly newsletter, discount on ACAN Senior Conference exhibitor fee of 10%, list of members on the website, and contact information for all business members. Please contact the ACAN coordinator for more information on the advertising opportunity.

Annual dues are:

Individual over 60	FREE
Individual membership, under 60	\$20
Nonprofit agency	\$35
For profit business	\$65

We request that members pay dues, but do not restrict our meetings or mailings to dues-paying members. Advertising is restricted to dues-paying members. Make checks payable to ACAN and mail to the newsletter return address or email acancoordinator@gmail.com.