



Adams County Aging Network

Lighting the Way to Positive Aging in Adams County

ACAN Newsletter

July 2024



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ACAN Membership Meeting Wednesday, July 3, 2024 @ 9:00 a.m. Thornton Community Connections Center 9471 Dorothy Blvd., Thornton, CO

**Presentation by Ron Uchida
Super Volunteer Educator**

Ron's presentation will present an overview of the Alzheimer's Association and the services that they provide, all free of charge. Examples from the 10 Warning Signs and understanding Alzheimer's and Dementia will also be included.

Alzheimer's and other dementias cause changes in memory, thinking, and behavior that interfere with daily life. Join us to learn about 10 common warning signs and what to watch for in yourself and others, typical age-related changes, how to approach someone about memory concerns, early detection, the benefits of a diagnosis and the diagnostic process, and Alzheimer's Association resources.



Rachel Wise, Outreach and Marketing Coordinator and Rosemary Evans from Benefits in Action informed us all about Medicare.

**Adams County Aging Network
Thornton Community Connections Center
June 5, 2024**

Attendance: 29

Diana Morefield , ACAN Chair called the meeting to order at 9:02 a.m.

Attendees introduced themselves and general announcements were made around the room.

**Presentation by Rachel Wise and Rosemary Evans
Benefits in Action**

Benefits in Action is a non-profit organization assisting adults with health Insurance (Medicaid, Medicare, Connect with Health Colorado, CoverColorado) and wrap-around social and community benefits. They provide education, navigation, and application assistance across the state of Colorado.

Rosmary, a SHIP certified Medicare counselor gave us great information about Medicare, eligibility, choices as well as the Medicare Alphabet---

Medicare A (inpatient hospital, some skilled nursing, some home health, hospice); **Medicare B** (prevention, doctor visits, some therapies, ambulance, durable medical equipment); **Medicare C**-better known as Medicare Advantage Plans; **Medicare Supplements**-Medigap-helps pay Medicare copays/out of pocket costs.

The Senior Medicare Patrol empowers Medicare beneficiaries, their families and caregivers to prevent, detect, and report health care fraud, errors, and abuse. The 4R's of Fighting Medicare Fraud are Record, Review, Report and Remember. Current scams have to do with genetic screening, billing and sending braces that aren't needed, providing hospice benefits for long periods or when not needed, billing power wheelchairs and scooters when not needed, and double, triple quadruple billing for services.

Medicare/Medicaid Questions: Benefits In Action: 720-221-8354

Senior Medicare Patrol: 720-221-8354 or 1-888-496-4252

Medicare: Colorado: 888-696-7213 or 1-800-633-4227

Social Security: 1-800-772-1213

Meeting adjourned at 10:00 a.m.

Check out the website at acanadamscounty.org

ACAN Membership

If you are a participant in our monthly meetings or a current member you should have received our current Membership Form. ACAN Membership is an annual membership.

For further information email: acancoordinator@gmail.com.

*All meetings are held at 9:00 a.m. at the
Thornton Community Connections
Center, 9471 Dorothy Blvd., Thornton
Presentations are noted below.*



Adams County Aging Network is on Facebook. Check us out for upcoming events, conference information, and to keep in touch.

July 3 Ron Uchida -
Alzheimer's Association
Board Meeting to Follow

August 7--Nic Saucy --Project
Angel Heart

September 4- Adam Afromsky--
AnovaCare

October 2--Sara Bohar--MTM
Transit

November 6-Thornton Fire
Dept.

ACAN Annual Membership

Individual membership:

Monthly educational presentations, exposure to resources for seniors, monthly newsletter, and advanced notice of the ACAN Senior Conference.

Business membership:

Includes all of the above plus opportunity for **advertising in the monthly newsletter**, discount on ACAN Senior Conference exhibitor fee of 10%, list of members on the website, and contact information for all business members. Please contact the ACAN coordinator for more information on the advertising opportunity.

Annual dues are:

Individual over 60	FREE
Individual membership, under 60	\$20
Nonprofit agency	\$35
For profit business	\$65

ACAN
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We request that members pay dues, but do not restrict our meetings or mailings to dues-paying members. Advertising is restricted to dues-paying members. Make checks payable to ACAN and mail to the newsletter return address or email acancoordinator@gmail.com.