



Adams County Aging Network

Lighting the Way to Positive Aging in Adams County

ACAN Newsletter

June 2024



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ACAN Membership Meeting **Wednesday, June 5, 2024 @ 9:00 a.m.** **Thornton Community Connections Center** **9471 Dorothy Blvd., Thornton, CO**

Presentation by Amy Herrick
Rachel Wise

Benefits in Action is a nonprofit organization located in Colorado that serves individuals throughout the state. We strive to increase understanding, access, and utilization of healthcare resources. Our team of navigators works with individuals to help them recognize the health-related benefits they qualify for, apply to those benefits, and utilize them as effectively as possible.

Join us for a presentation from Rachel Wise, Outreach and Marketing Coordinator, to learn more about the services we provide including help with healthcare, food assistance, cash assistance and other vital programs.



Amy Herrick, a Certified Senior Advisor gave us a great presentation at the May ACAN meeting. Amy is with Care Patrol and has been working with seniors for many years,

FOOD DRIVE FOR EASTERN PLAINS RESIDENTS

Please review the flyer at the end of this newsletter and remember to bring nonperishable food donations to the June ACAN meeting so we can deliver them at the Byers meeting June 24th, 12:00 pm (lunch provided) Byers American Legion Hall.

**Adams County Aging Network
Thornton Community Connections Center
May 1, 2024**

Attendance: 25

Diana Morefield, ACAN Chair called the meeting to order at 9:02 a.m.

Attendees introduced themselves and general announcements were made.

Wishbone Fundraiser will be Monday, May 13, 2024

ACAN Resource Fairs will be June 12, at Thornton Community Connections Center and October 30 at Bison Ridge in Commerce City.

Check out the ACAN Website at: acanadamscounty.org

Presentation by Amy Herrick from Care Patrol

Amy Herrick with CarePatrol Senior Placement gave a great presentation to our members. Amy stated that 70% of all seniors over the age of 65 will at some point in their life need additional health care. Amy went over the different types of care options ranging from Independent Living to Skilled Nursing, focusing on Assisted Living and Memory Care. Amy explained the differences between these levels of care and the current average cost in the Denver Metro Area. She also talked about the different ways people pay for the cost and gave a brief overview of the difference between Medicare and Medicaid.

There were several questions and comments. This information is very important for all Seniors.

Meeting adjourned at 10:08 a.m.

ACAN Membership

If you are a participant in our monthly meetings or a current member you should have received our current Membership Form. ACAN Membership is an annual membership.

For further information email: acancoordinator@gmail.com.

Future ACAN Events 2023.

All Meeting are held at 9:00 a.m. at the Thornton Community Connections Center, 9471 Dorothy Blvd., Thornton Presentations are noted below.

- June 5 Member Meeting, Rachel Wise/Benefits in Action
- June 24 Joint Meeting with ACCOA (Arapahoe County Council on Aging) in Byers to support the Eastern Plains community. 12:00 pm Lunch provided. Byers American Legion, 278 W Front St, Byers, CO 80103
- June 29 Senior Law Day (Adams & Broomfield Counties), 7:30 am – 2 pm Riverdale Ridge High School, 13380 Yosemite Street Thornton, CO 80602

ACAN

PO Box.350523
Westminster, CO 80031
Phone: 303-818-7232



Adams County Aging Network is on Facebook. Check us out for upcoming events, conference information, and to keep in touch.

ACAN Annual Membership

Individual membership:

Monthly educational presentations, exposure to resources for seniors, monthly newsletter, and advanced notice of the ACAN Senior Conference.

Business membership:

Includes all of the above plus opportunity for **advertising in the monthly newsletter**, discount on ACAN Senior Conference exhibitor fee of 10%, list of members on the website, and contact information for all business members. Please contact the ACAN coordinator for more information on the advertising opportunity.

Annual dues are:

Individual over 60	FREE
Individual membership, under 60	\$20
Nonprofit agency	\$35
For profit business	\$65

We request that members pay dues, but do not restrict our meetings or mailings to dues-paying members. Advertising is restricted to dues-paying members. Make checks payable to ACAN and mail to the newsletter return address or email acancoordinator@gmail.com.

FOOD DRIVE

for Saron Lutheran's Little Free Pantry

Arapahoe County Council on Aging and Adams County Aging Network (ACAN) are collecting food for the Little Free Pantry in Strasburg.

Bring food to donate to the June 24th 2024 meeting at 12:00pm at the Byers American Legion

OR

Bring Food to the ACAN Meeting when you come in May or June



A Little Free Pantry, located near the parking areas (1656 Main Street). It provides food and hygiene items for our neighbors.

Recommended Items (non-perishable only):

Cereal
Instant Oatmeal
Granola Bars
Ramen
Mac and Cheese
Dry beans or lentils
Dried Fruit Protein Bars
Crackers w/ Peanut Butter or Cheese

Hygiene Items
Toilet Paper
Lotion or Shampoo



**Adams County Aging Network
Senior Resource Fair**

Join us for a Free event

Wednesday, June 12th, 2024

9:00 am - 12:00 pm

**City of Thornton Community Connection Center
9471 Dorothy Blvd, Thornton, CO 80022**

For more information call or email:

acanresourcefair@gmail.com

Or Phone 303-945-4506

Adams County Aging Network (ACAN) P.O. Box 350523, Westminster, CO 80031