



# Adams County Aging Network

*Lighting the Way to Positive Aging in Adams County*

## ACAN Newsletter

September 2023



### **ACAN Board** **of Directors**

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ACAN: 303-818-7232

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### **ACAN Membership Meeting**

**Wednesday, September 6, 2023 @ 9:00 a.m.**

**Thornton Community Connections Center**

**9471 Dorothy Blvd., Thornton, CO**

### **Outpatient Therapy at Villas at Sunny Acres**

Outpatient therapy at Villas at Sunny Acres is dedicated to supporting seniors on their path to greater strength and independence in their daily lives. Our skilled therapists prioritize personalized treatment plans to ensure optimal success to reach your goals. We harness a range of effective treatment techniques aimed at staving off declines in mobility, balance, and activities of daily living, as well as memory and recall challenges. Allow us to guide you towards a brighter, more empowered future!

**Please note that all meetings will now be in person only. We are no longer providing Zoom access to the meetings.**

**Adams County Aging Network**  
**Thornton Community Connections Center**  
Member Meeting Summary – August 2, 2023

Attendance: Thornton Community Connections Center: 24

Diana Morefield, ACAN Chair called the meeting to order at 9:01 a.m.

Introductions and general announcements were made around the room.

**Presentation by**  
**Freedom Roath from Adams County Outreach and Education**

Freedom talked about the many programs that are available.

**SNAP:** Supplemental Nutrition Assistance Program. It serves as part of a federal nutrition program to help low-income households purchase food. He also told about other food resources that are available.

**MA/MSP:** These are the Medicaid and Medicare programs. Health First Colorado covers 3 kinds of benefits: physical, dental and behavioral health. There are 4 tiers of Medicare Savings programs which covers premiums, deductibles, coinsurance, and copayments. Each of these programs has an income and resource limit.

**CW/TANF:** Colorado Works is Colorado's temporary assistance for needy families. It provides cash assistance which can be used for items a family needs such as food, clothes, formula, diapers, etc. There are specific eligibility requirements.

**AF:** Adult Financial Programs. This program provides financial assistance to low-income aged, blind and people with disabilities who need help in meeting basic living costs.

**LEAP:** Low-Income energy assistance is active between November through April.

**For more information visit: [adcocrmap.org](http://adcocrmap.org) or [AdamsCountyResources.org](http://AdamsCountyResources.org)**

The meeting was adjourned at 9:53 a.m.

**Jessica Schuman from Mile High Senior Eyecare will be the September 6, 2023 Presenter.**

## ACAN Membership

If you are a participant in our monthly meetings or a current member you should have received our current Membership Form. ACAN Membership is an annual membership.

For further information email: [acancoordinator@gmail.com](mailto:acancoordinator@gmail.com).

### Future ACAN Events 2023.



Adams County Aging Network is on Facebook. Check us out for upcoming events, conference information, and to keep in touch.

### ACAN Annual Membership

#### **Individual membership:**

Monthly educational presentations, exposure to resources for seniors, monthly newsletter, and advanced notice of the ACAN Senior Conference.

#### **Business membership:**

Includes all of the above plus opportunity for **advertising in the monthly newsletter**, discount on ACAN Senior Conference exhibitor fee of 10%, list of members on the website, and contact information for all business members. Please contact the ACAN coordinator for more information on the advertising opportunity.

#### Annual dues are:

Individual over 60	FREE
Individual membership, under 60	\$20
Nonprofit agency	\$35
For profit business	\$65

We request that members pay dues, but do not restrict our meetings or mailings to dues-paying members. Advertising is restricted to dues-paying members. Make checks payable to ACAN and mail to the newsletter return address or email [acancoordinator@gmail.com](mailto:acancoordinator@gmail.com).

- Sept. 6<sup>th</sup>      Member Meeting  
9:00 a.m. at Thornton  
Community Connections  
Center. 9471 Dorothy Blvd.  
Presentation: The Villas at Sunny Acres
- Oct 4th        Member Meeting  
9:00 a.m. at Thornton  
Community Connections  
Center. 9471 Dorothy Blvd.  
Presentation: Jessica Schuman, OD Mile  
High Senior Eyecare
- Board meeting to follow
- Nov 1st        Member Meeting  
9:00 a.m. at Thornton  
Community Connections  
Center. 9471 Dorothy Blvd.  
Sabrina Iacovetta, Thornton  
Fire Department – Home  
Safety & Fire Extinguishers

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